



## Frequently Asked Questions

### Who is appropriate for Rose Hill?

Individuals 18 years of age and older with a diagnosis of mental illness who are:

- Able to participate in structured daily programming as agreed to in the Individual Treatment Plan
- Independent with personal care activities (with prompting if needed)
- Willing to collaborate with psychiatrist to find the most effective medication regimen
- Not currently dangerous to self or others
- Not currently abusing or at risk for detoxification from drugs and/or alcohol

### What treatment programs are available at Rose Hill?

Rose Hill Center offers five distinct programs in its continuum of care:

- Residential Rehabilitation – This program gives individuals an opportunity to reach their highest level of independence by focusing on life skills and ways to manage symptoms.
- Co-Occurring Rehabilitation- This program is designed for individuals with a mental illness who are struggling with drugs and/or alcohol. The program combines therapeutic strategies from the fields of psychiatry and addiction treatment to foster long-term mental health stability and long-term abstinence.
- Transitional Living – This program provides an opportunity for individuals to reside in one of seven on-campus townhouses where they can practice independent living skills — including working, volunteering or going to school in the community — in a safe and secure setting.
- Community Support – This program is available to individuals who have completed the residential program and live within a 20 mile radius of Rose Hill Center.
- Extended Residential – This program is for individuals who require a moderate level of daily care, supervision and medication monitoring in a safe and supportive setting.

### What sets Rose Hill Center apart from other residential programs?

Teams of dedicated professionals providing an individualized program on a tranquil campus are key to the healing that takes place at Rose Hill. This combination of expert clinical care in a peaceful environment provides relief from the turmoil that mental illness and substance use issues can cause in a person's life. Rose Hill Center meets people where they are and helps them develop a comprehensive, evidence based plan in which they can articulate their areas of concern as well as their personal goals. Rose Hill then provides the supports and therapies that nurture and facilitate the healing process and assists them in achieving those goals.

### What is the length of stay?

Length of stay is determined by an Individual Treatment Plan, but averages 6-12 months to successfully complete the program.

### What is the typical daily schedule?

Meaningful activity is an important aspect of daily life at Rose Hill. Daily schedules are organized by Individual Treatment Plans and can include therapeutic work activities, job readiness and acquisition skills, therapy, life skills, healthy mind/healthy body groups, exercise, and computer skills. Elective activities can include music, art, drama, and yoga.

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## How does Rose Hill support family members?

- The case manager maintains regular contact with each family.
- The psychiatrist consults with family when appropriate.
- Private therapists are available by referral for more intense individual, group or family therapy.

## What types of professionals work at Rose Hill?

- Psychiatrists
- Psychologists
- Nurses
- Social workers
- Dietitians
- Vocational coordinators
- Addiction counselors

## What accreditation and licensing does Rose Hill have?

- Rose Hill is accredited by The Joint Commission, a nationally recognized symbol of quality that reflects an organization's commitment to meet certain performance standards.
- The Residential Rehabilitation, Co-Occurring Rehabilitation and Extended Residential programs are licensed by the State of Michigan.
- Professional staff are licensed in their practicing discipline by the State of Michigan.

## What is the cost for services at Rose Hill?

The Residential Rehabilitation Program is \$400 per day. The Co-Occurring Residential Rehabilitation Program is \$450 per day. The daily rate directly reflects the the cost of operation. Rose Hill Center is a 501(c)(3) non-profit organization.

## Can Rose Hill provide financial assistance?

Rose Hill's Financial Assistance Program, which is supported by the fundraising efforts of the Rose Hill Foundation, provides a limited number of grants to families in need who meet certain criteria. These grants are not available to individuals who are receiving services through one of Michigan's public mental health organizations. Assistance can only be granted to the extent that funds are available and other restrictions may apply. Information can be found at [rosehillcenter.org](http://rosehillcenter.org).

## What are the standard methods of payment?

- Private pay (check, credit card or wire transfer)
- Combination of private pay and financial assistance grants
- Some health insurance may cover a portion of the charges
- Public pay, if provided by a mental health authority

For more information about Rose Hill Center, contact the Admissions and Marketing Office at 248-531-2405.