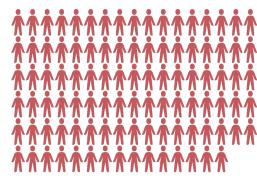


**Cultivate Lifelong Well-being** 

# **2023 Resident Report**

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#### Demographics



1 person = 20 people



Individuals Living with a Serious Mental Health Diagnosis treated by Rose Hill Center since 1992.



of 2023 successful residential rehabilitation participants, 88% were able to maintain success without Re-hospitalization.



of 2023 program participants, 74% reported living more independently with an increased confidence using their Life Skills after Rose Hill Center.

#### Demographics & Stats for 2023

34%



**Residents Directly Assisted** Via Rose Hill Foundation Financial Aid Program 2023.

# .2 Million

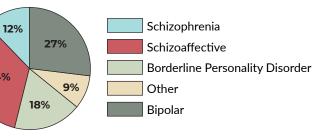
Financial Aid provided to Residents in need of assistance in 2023.

At Rose Hill Center, we are committed to embracing and supporting all individuals in our care, regardless of age, race, ethnicity, sexual orientation, religion, or gender identity. We foster an inclusive environment where everyone feels valued and respected.

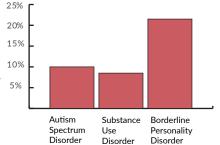
#### Average Age by Program



#### **Primary Diagnosis\***



### Co-Occurring Disorders (d/o)\*

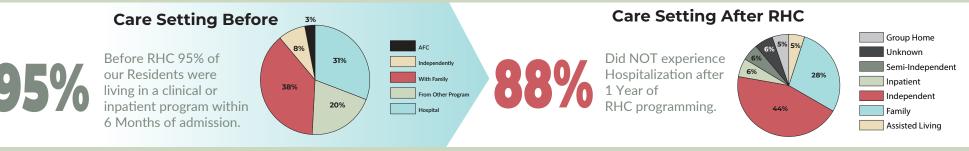


\*Nearly 80% of residents admitted were also diagnosed with co-occurring personality, autism or substance use disorders

% of Total Residential Residents \* Some individuals may have more than one co-occurring diagnosis



#### 2023 Successful Outcomes



#### 2023 Life Impact of Skills Developed under RHC Programming(after Residential Treatment)

Average Baseline DLA-20 Upon Arrival to RHC



Baseline Average Score Diagnosis Management Skills Determined Baselin Indepe

Baseline Average Score Independent Living Skills

#### DLA- 20 scoring is a scale of 1 to 7 of Daily Living Activities, 7 being the highest an individual can achieve.

#### After RHC Residential Treatment

DLA- 20 Scoring Breakdown for type of care required: 2 or lower = Inpatient 3 = Residential Care 4 -5 = Outpatient Care ROSE HILL

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Increase in Life Skills Score rose average of 3 points per individual



Increase in insight & control Score rose average of 4 points per individual Increase in life navigation skills, using community resources with little support.

**Independent Living** 

Score rose average of 3 points per individual

## Lifelong Outcomes\*

**Note:** A 10% increase in DLA-20 scores directly reflects an improvement in quality of life, supporting individuals in their progress toward greater independence.

\*90% of residents that stayed at least a year in Residential Treatment (RRP) experienced an average increase in **DLA-20 scores of 20% or greater.** 

The Daily Living Activities Assessment (DLA-20) is a nationally promoted functional tool for evaluating an individual's ability to perform essential daily tasks, offering valuable insights for care planning and support.

At RHC, we use this assessment as a tool to aid us in identifying the residents needs and monitor their progress in periodic intervals to navigate their mental health and journey to independent living.

At time of discharge, residents on average are experiencing mild or moderate symptoms that they are able to manage on an outpatient basis. They are able to work or volunteer, and many have significantly improved relationships with family, friends and peers, and experience symptoms that are more easily managed. DLA-20 Scores <1 Year Residential Treatment (RRP) Average increase of: 15%



#### DLA-20 Scores After Completing 1 year Residential Treatment (RRP) Average increase of: 20%

